

Differentiation of Rheumatoid Arthritis From HCV Infection: Rheumatoid Factor, Anti-Cyclic Citrullinated Peptide or Anti-Mutated Citrullinated Vimentin?

Romatoid Artrit HCV Enfeksiyonundan Ayrılmasında Romatoid Faktör, Anti-Siklik Sitrüline Peptid ve Anti-Mutated Sitrüline Vimentinin Yeri

Ece Kaptanoğlu¹, Işlay Nadir², Zahir Bakıcı³, Emrullah Hayta⁴, Mehmet Türkmen¹, Hafize Sezer⁵, Sami Hizmetli¹, Hasan Elden¹

¹Cumhuriyet Üniversitesi Tıp Fakültesi, Fiziksel Tıp ve Rehabilitasyon Anabilim Dalı, Sivas, Turkey

²Numune Devlet Hastanesi, Gastroenteroloji Bölümü, Sivas, Turkey

³Cumhuriyet Üniversitesi Tıp Fakültesi, Mikrobiyoloji Anabilim Dalı, Sivas, Turkey

⁴Numune Devlet Hastanesi, Fizik Tedavi Bölümü, Sivas, Turkey

⁵Cumhuriyet Üniversitesi Tıp Fakültesi, Biyoistatistik Bölümü, Sivas, Turkey

Abstract

Objective: Differentiation of rheumatoid arthritis (RA) from other diseases with joint involvement such as hepatitis-C virus (HCV) infection represents a diagnostic problem. In addition to the rheumatoid factor (RF), more specific and sensitive auto-antibodies are under evaluation in recent years with conflicting results. In this study, we tested the diagnostic value of rheumatoid factor, anti-cyclic citrullinated peptide (anti-CCP) and anti-mutated citrullinated vimentin (anti-MCV) in distinguishing RA from hepatitis C patients.

Materials and Methods: Sera of 34 RA patients and 30 hepatitis C patients were tested for RF, anti-CCP anti-MCV. Disease activity was determined by disease activity score (DAS-28) 28 in RA and by modified Knodell score in hepatitis C patients. Extra-articular involvement in RA and rheumatologic involvement in hepatitis C patients were documented.

Results: In roc analysis, area under curve (AUC) was the highest in anti-CCP. Sensitivity and specificity was 82% and 53%, 79%, and 96% and 70%, and 73% for RF, anti-CCP and anti-MCV respectively. DAS-28 has a weak correlation with RF ($r=0.406$), anti-CCP ($r=0.433$), and anti-MCV ($r=0.453$). There was no difference between the patients in autoantibody levels regarding extra-articular involvement and DAS-28 in RA, and joint involvement in hepatitis C patients.

Conclusion: Anti-MCV antibodies may be useful in distinguishing RA however it seems to have no additional value over anti-CCP or RF in hepatitis C patients. Anti-CCP antibodies are more reliable in diagnosis of RA due to their high specificity.

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Key words: Rheumatoid arthritis, HCV, rheumatoid factor, anti-CCP, anti-MCV

Özet

Amaç: Romatoid Artriti (RA) hepatit C enfeksiyonu gibi eklem tutulumu olan diğer hastalıklardan ayırmak zordur. Romatoid faktörün (RF) yanı sıra son yıllarda daha duyarlı ve özgül otoantikörler araştırılmaktadır ve çelişkili sonuçlar vardır. Bu çalışmada biz RF, anti-siklik sitrüline peptid (CCP) ve anti-mutated sitrüline vimentinin (MCV) RA ve hepatit C enfeksiyonunu ayırmada tanısal değerlerini araştırdık.

Yöntem ve Gereçler: Otuzdört RA'lı ve 30 hepatit C'li hastada RF, anti-CCP ve anti-MCV çalışıldı. RA'da hastalık aktivitesi DAS-28 ile hepatit C'de ise Knodell skoru ile değerlendirildi. RA'da eklem dışı tutulum ve hepatit C'li hastalarda eklem tutulumu değerlendirildi.

Bulgular: Romatoid artritli ve hepatit C'li hastalar karşılaştırıldığında eğri altındaki alan en yüksek anti-CCP'de idi. Duyarlılık ve özgüllük RF için %82 ve %53, anti-CCP için %79 ve %96 ve anti-MCV için %70 ve %73 idi. DAS-28 ile RF ($r=0.406$), anti-CCP ($r=0.433$) ve anti-MCV ($r=0.453$) arasında zayıf bir ilişki vardı. RA'da eklem dışı tutulum, DAS-28 ve hepatit C'li hastalarda eklem tutulumu dikkate alındığında olgularda otoantikörler açısından fark bulunmadı.

Sonuç: Anti-MCV antikörleri RA'nın tanınmasında kullanılabilir ancak hepatit C'li hastalar söz konusu olduğunda anti-CCP veya RF'nin performansına bir katkıda bulunmamaktadırlar. Yüksek özgüllükleri düşünülecek olursa, anti-CCP antikörleri RA'nın tanınmasında daha güvenilir görünmektedirler.

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Anahtar sözcükler: Romatoid artrit, HCV, romatoid faktör, anti-CCP, anti-MCV

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Introduction

Rheumatoid arthritis (RA) is characterized by inflammation of joints resulting in severe disability. Early diagnosis and treatment is crucial on this account. In addition to clinical features, auto-antibodies are also of special interest because of their role in discriminating the disease. Although rheumatoid factor (RF) was the gold standard more specific and sensitive auto-antibodies are being searched in recent years.

Antibodies against citrullinated peptides, the peptides post-translationally modified by the conversion of arginin to citrulline, have gained importance with the contention to be specific serological markers for RA (1, 2). Citrullination causes protein unfolding possibly altering protein structure resulting in aberrant recognition in the immune system. They are assumed to be triggered in the context of genes that confer susceptibility to RA and by environmental agents (1). Being as sensitive as RF and even more specific, anti-cyclic citrullinated peptide (anti-CCP) is now candidate for crown of RF. Anti-CCP has a comparable sensitivity to RF (50-75%) with a higher specificity (90-95%) (1, 3). However, there are also contradictory results related to HCV infection where specificity of anti-CCP for RA is questioned (4, 5).

HCV infection is usually asymptomatic and may be detected incidentally; it also induces immunological extra-hepatic manifestations including arthralgia and arthritis which can mimic RA, and discrimination is really difficult without observing the erosions (6). Along with anti-CCP, a new marker, anti-mutated citrullinated vimentin (anti-MCV) came into question. Anti-MCV antibodies have been searched mainly in connective tissue diseases recently (7-9). In a meta-analysis, sensitivity and specificity of anti-MCV antibody were reported as between 0.64-0.84, and 0.79-0.96 respectively which almost is equal to that of anti-CCP in RA (8). Unfortunately, the role of this autoantibody in discriminating RA from hepatitis C patients is not clear as there is only one study which included hepatitis C patients as controls, revealed discouraging results (10).

In this study we aimed to investigate the diagnostic value of RF, anti-CCP and anti-MCV in differentiating RA from HCV associated rheumatological manifestations.

Materials and Methods

Thirty-four RA patients, classified according to the ACR 1987 revised criteria (11) were consecutively recruited from the outpatient rheumatology clinics between October 2008 and February 2009. Disease activity score 28 (DAS 28) was evaluated and scores ≤ 3.2 were accepted as mild active (12). Disease, duration and extra-articular involvement were also documented.

Thirty patients having hepatitis C infection with positive anti-HCV antibodies and HCV RNA were included as the control group. Histological activity index and fibrosis were evaluated according to the modified Knodell score in hepatitis C patients (13). Patients with disease

activity score ≤ 3 were evaluated as mild active and others as active. Fibrosis was evaluated as grade 1-3.

Serum samples were stored at -80°C until analysis. All results were obtained by blinded laboratory technicians.

Anti-MCV and anti-CCP were detected by commercially available enzyme linked immunosorbent assays. Results are expressed as U/ml. Anti-MCV was evaluated with Orgentec kit, Germany, (instrument: Triturus, Italy). Anti-CCP was performed with Aeskulisa (uses second generation peptides, CCP2), Germany kit (instrument: Triturus, Italy).

Rheumatoid factor was studied with Becman Coulter, USA kit (instrument: Becman coulter image, USA), by nephelometry.

Erythrocyte sedimentation rate (ESR) and C-reactive protein (CRP) were studied in patients with RA.

Statistical analysis was performed by Medcalc version 9.2.1.0. Significance was assumed at $p < 0.05$. Receiver operating characteristic (roc) curve analysis was obtained for determining diagnostic values of assays. Optimal cut off values were obtained by the maximum value of sensitivity + specificity-1.

To compare the data among RA and hepatitis C patients, Mann Whitney U test was used. In searching the difference between patients with and without extra-articular involvement, mild and severe active patients in RA and hepatitis C patients with and without arthralgia, Fisher's exact test was performed. Pearson correlation was used for searching the correlation between the parameters.

The study protocol was approved by the local ethics committee.

Results

Demographic, clinical and serological parameters of the RA and hepatitis C patients are given in Table 1.

The mean \pm SD, median, minimum and maximum values of the antibody assays are given in Table 2. There were significant differences between the RA and hepatitis C patients (Table 2). The differences between RA and hepatitis C patients regarding RF, anti-CCP and anti-MCV were at the levels of $p=0.001$, $p=0.0001$, and $p=0.0001$, respectively.

As to the diagnostic value of RF, anti-CCP and anti-MCV, we performed ROC curve analysis for discriminating RA from hepatitis C patients (Figure 1). The AUC, sensitivity and specificity values are given in Table 3. The difference in AUC between anti-CCP and RF ($p < 0.001$) and between anti-CCP and anti-MCV ($p=0,001$) were significant (Figure 1). There was no difference between RF and anti-MCV. The optimum cut-off values are given in the Table 3.

In RA group, anti-MCV was found to be correlated with anti-CCP ($r=0,736$, $p < 0.001$), RF ($r=0.365$, $p < 0.05$) and DAS-28 ($r=0,453$, $p < 0.05$). DAS-28 was also correlated with Anti-CCP ($r=0.433$, $p < 0.05$) and RF ($r=0.406$, $p < 0.05$). Anti-CCP and RF were correlated ($r=0.579$, $p < 0.001$). In hepatitis C patients, no correlation was observed.

In RA group there were seven patients with extra-articular involvement. There was not a statistically

Table 1. Demographic, clinical, and serological parameters of the study groups (mean±SD)

	Rheumatoid arthritis (n=34)	Hepatitis C patients (n=30)
Age, years	48.91±11.64	57.73±11.62
Male / female	11 / 23	8 / 22
ESR	30.11±26.32 (median: 20.50 min: 5 max: 105)*	-
CRP	14.33±13.48 (median: 10.95 min: 1 max: 62,1)*	-
DAS-28	3.72±0.92	-
Disease duration (year)	5.56±4.50 (median: 4 min: 1 max: 20)*	3.37±2.39 (median: 2.5 min: 1 max: 11)*
RF positivity	28 (82.4%)	14 (46.7%)
Anti-CCP positivity	27 (79.4%)	1 (3.3%)
Anti-MCV positivity	24 (70.6%)	9 (30%)

*For ESR, CRP and disease duration, because of the high standart deviations, median, minimum and maximum values are included respectively

ESR: Erythrocyte sedimentation rate, CRP: C-reactiveprotein, RF: Rheumatoid Factor, Anti-CCP: anti-cyclic citrullinated peptide, Anti-MCV: antimutated citrullinated vimentin, DAS-28: Disease activity score 28

Table 2. Quantitative results of the assays

Assay		Mean±SD	Median (min-max)	Statistics*
RF	RA (n=34)	179.02±300.86	40.05 (11-1220)	p=0.001
	Hepatitis C (n=30)	50.78±122.50	19 (7-684)	
Anti-CCP	RA (n=34)	138.86±121.05	93.5 (2.28-300)	p=0.0001
	Hepatitis C (n=30)	2.34±3.60	1.04 (0.34-18,3)	
Anti-MCV	RA (n=34)	280.07±364.14	121.5 (0.76-1000)	p=0.0001

*Mann Whitney U test was used

RF: Rheumatoid Factor, Anti-CCP: anti-cyclic citrullinated peptide, Anti-MCV: antimutated citrullinated vimentin, SD: standard deviation, min: minimum, max: maximum

significant difference between RA patients with and without extra-articular involvement regarding RF, anti-CCP and anti-MCV levels (Fisher's exact test was used, $p>0.05$).

According to DAS 28 score, RA patients were classified as mild and severe active disease with the cut-off value of 3,6. There was also not a significant difference between these groups regarding RF, anti-CCP or anti-MCV (Fisher's exact test was used, $p>0.05$).

Arthralgia was present in 10 (33%) of the hepatitis C patients. Wrists, elbows, shoulders, knees and ankles were involved predominantly. No significant difference between hepatitis C patients with or without arthralgia regarding the autoantibody assays was detected (Fisher's exact test was used, $p>0.05$). Because of elderly age and rejection of the process, biopsy was performed only in 21 patients. There were only 2 patients with histological activity index ≤ 3 . Fibrosis was observed as grade 1 in 15 patients, grade 2 in 5 patients, and grade 3 in 1 patient.

Discussion

In our study we investigated the diagnostic value of RF, anti-MCV and anti-CCP antibodies in distinguishing RA from HCV infection.

In RA group, RF was positive 82.4%, whereas anti-CCP was positive 79.4% and anti-MCV was positive 70.6% (Table 1). In hepatitis C patients, RF was positive in 46.7%, anti-CCP was positive in 3.3%, and anti-MCV was positive in 30% of the group. There were differences between the RA and hepatitis C patients regarding RF, anti-CCP and anti-MCV levels (Table 2).

Anti-MCV was strongly correlated with anti-CCP however the correlation of anti-MCV with RF was very weak. This finding is consistent with the literature (7, 14).

Anti-MCV is suggested to be positive in anti-CCP negative RA patients (8, 15). In our study, in only 2 RF negative patients both anti-CCP and anti-MCV were positive and in those 7 anti-CCP negative patients, anti-MCV was also negative. Although the limited number of our cases is discouraging for extrapolating, looking for anti-MCV in RF negative cases may be helpful, but it does not seem to be useful for those cases with negative anti-CCP.

In roc curve analysis, AUC was highest at the anti-CCP, sensitivity was 79% and specificity was 96% (Table 3, Figure 1). However the specificity of RF and anti-MCV was lower. The sensitivity and specificity of RF and anti-MCV were 82% and 53%, and 70% and 73%, respectively. Optimum cut-offs were determined as 7, 2, 20, 6 and 27, 4 for anti-CCP, RF and anti-MCV respectively.

Table 3. Diagnostic value of the assays at manufacturers' and optimal levels for rheumatoid arthritis (n=34) and hepatitis C patients (n=30).

Assay	AUC 95% CI	Manufacturers' cutoff			Optimal cutoff		
		cutoff	Sn (%)	Sp (%)	cutoff	Sn (%)	Sp (%)
RF	0.732* (0.609-0.856)	20	82	53	20.6	82	56
Anti-CCP	0.974* (0.944-0.999)	12	79	96	7.2	88	93
Anti-MCV	0.811* (0.702-0.920)	20	70	73	27.4	70	86

RF: Rheumatoid Factor, Anti-CCP: anti-cyclic citrullinated peptide Anti-MCV: antimutated citrullinated vimentin, AUC: area under curve, Sn: sensitivity, Sp: Specificity

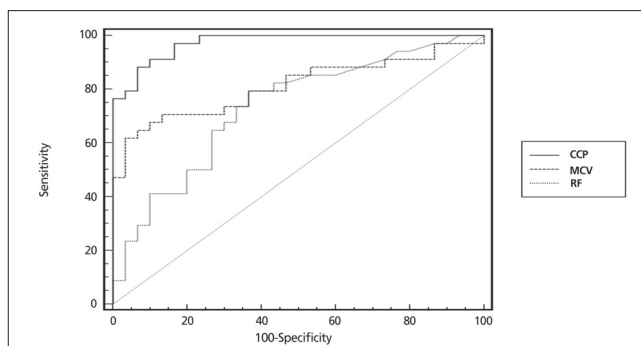


Figure 1. Analysis of diagnostic values of RF, anti-CCP and anti-MCV in patients with RA (n=34) and hepatitis C (n=30)
CCP: cyclic citrullinated peptide, MCV: mutated citrullinated vimentin, RF: rheumatoid factor

The sensitivity and specificity of these auto-antibodies for RA vary in the literature between 55-84% and 77-98% for anti-CCP and 49-74% and 79-96% for anti-MCV, respectively (7, 8, 10, 14-20). The difference in the control groups of these studies might have evoked this diversity in the results. Some of them included healthy controls, some included autoimmune diseases, and some included both of them. Though there were results favoring anti-MCV over anti-CCP (17, 20), majority of these studies found anti-CCP more specific than anti-MCV for RA (7, 8, 10, 15, 17, 19).

In our study, DAS-28 was weakly correlated with RF, anti-CCP, and anti-MCV. There were no differences between the active and mild active patients regarding RF, anti-CCP and anti-MCV levels. There are studies suggesting a significant correlation with disease activity (8, 14, 15, 18, 21) while some others did not find any correlation (16, 20).

There was extra-articular involvement in 7 RA patients. No difference was found in autoantibody levels of patients with respect to extra-articular involvement which is consistent with the existing literature (10).

In HCV infection extra-hepatic involvements like arthralgia was frequent (23%). Moreover asymptomatic joint involvement was detected by ultrasound in 96.5% of the patients (22). In our study there were 10 patients (33%) with arthralgia among the hepatitis C patients. There was no difference between the patients with or

without arthralgia regarding the autoantibody levels. A subgroup analysis of hepatitis C patients according to the histological activity index and fibrosis was planned however the numbers of the patients were not adequate for statistical comparison.

There is only one study in the literature investigating the diagnostic performance of anti-MCV in RA including hepatitis C patients as controls (10). However their control group was not homogeneous regarding diagnosis and a subgroup analysis was not performed with the hepatitis C patients. Their results favored specificity of anti-CCP

In studies comparing anti-CCP and RF for distinguishing RA and hepatitis C patients, anti-CCP was found more specific. RF positivity was 37.5-54% whereas anti-CCP was positive in 0-5.7 in hepatitis C patients (23-26). There are also a few conflicting results concluding that anti-CCP antibodies may be detected in hepatitis C patients (4, 5). In one of these studies, some of the anti-CCP positive patients had erosions thereby suggesting coexistence.

It is well known that auto-antibodies may be positive in HCV infection without clinical involvement. HCV infection also establishes a linkage between extra-hepatic involvement and autoimmunity causing further confusion in evaluating the autoantibody responses (27). It is probable that citrullination and mutation of the vimentin encourages autoimmunity. Although citrullination plays a role in RA, the process is not specific and it has been detected e.g. in chronically inflamed tonsillar tissues (20). The role of mutation of vimentin in the pathogenesis of HCV infection needs to be clarified.

In conclusion; anti-MCV levels are high in RA, and it has a significant correlation with anti-CCP and disease activity. However its lower sensitivity and lower specificity suggest that it should be interpreted with caution especially in HCV patients. Currently, there is not an ideal assay for RA nevertheless anti-CCP seems to have proved itself amongst the opponents.

Conflict of Interest

No conflict of interest is declared by the authors.

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